

भारतीय प्रौद्योगिकी संस्थान इंदौर

Indian Institute of Technology Indore



लैबोरेट्री सुरक्षा दिशानिर्देश

Laboratory Safety Guidelines

Institute Safety and Security Committee

2020



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लैबोरेट्री सुरक्षा दिशानिर्देश **Laboratory Safety Guidelines**

Preamble to the Guidelines

These guidelines have been consolidated in order to facilitate the individuals working in the Institute as students, lab staff, as well as faculty members. These guidelines are dynamic in nature and are subjected to change and revisions whenever felt/brought to the notice of Institute Safety and Security Committee by the respective committee of various disciplines.

As there are different requirement of safety standards in different laboratories, the lab in-charge faculty members are required to have safety guidelines for their labs which is required to be displayed for the benefit of users in each lab at a conspicuous place. The safety committee of various disciplines is required to take appropriate

action within their discipline to make the safety norms of high order so that the labs of IIT Indore are safest and accident free.

Laboratory Safety Guidelines

All Students and faculty members working in any labs are expected to adhere to safety guidelines and maintain safety standard expected in the Institute facility.

Every user must read and understand the safety manual of laboratories, then sign the declaration form. The students who sign and submit the declaration form only shall be allowed inside the laboratories.

All the users of Laboratory facilities at Indian Institute of Technology Indore are encouraged to go through the safety instructions of various labs and disciplines for their own safety and safety of other users of the facility. Following safe practice should invariably be adopted by all users of laboratory facility in the IITI:

- Always use Personal Protective Equipment before proceeding for any type of experiments in laboratory, which includes safety glasses or goggles, laboratory coat/aprons, appropriate gloves and appropriate shoes should be worn in the laboratory.
- Wear breathing mask as and when appropriate.
- No headphones; cellular devices or other electronic devices are allowed inside the lab.
- No one should be allowed to work alone in the synthesis lab at any given time.
- Wash hands before leaving the laboratory.
- Never mouth-suck anything in a pipette in the laboratory.
- No food or drink is allowed in laboratories.
- No food should be stored in a laboratory refrigerator.
- Never eat or drink from the laboratory glassware.
- Keep exposed skin covered in the laboratory.
- Make yourself aware of ignition sources in the laboratory and service areas (open flames, heat, electric equipment).
- Purchase chemicals in quantities that will be used in near future.
- Always store flammable liquids in appropriate cabinets.
- Do not store incompatible reagents together (e.g., acids with organic solvents).
- Do not store ethers or similar chemicals for extended periods of time as explosive peroxides could form.
- Date chemicals when received and opened.
- Make sure that all electrical cords are in good condition and all electrical outlets are earthed. Remain out of the area of a fire or incident if you are not in position to help.
- Familiarize yourself with location and condition of fire extinguishers. Broken seals mean fire extinguisher has been used and need to be recharged. **Please inform**

security staff regarding usage of any fire equipment or if you notice reduced pressure in the equipment.

- Do not use fire extinguishers unless you are trained and feel confident to do so.
- Eliminate safety hazards by maintaining the laboratory work areas in a good state of order.
- Maintain clear passages to the laboratory entry and exit.
- Always keep bench tops, extracted wet benches, floors and aisles clear of unnecessary material.
- Wipe down bench tops and other laboratory surfaces after each use.
- All equipment should be inspected before use.
- If experiments must be left unattended, place a note next to experimental apparatus indicating the chemicals involved, possible hazards and your name and a number where you can be reached in case of an emergency.
- Keep the laboratory floor dry at all times. Attend to spills immediately and notify other lab workers of potential slipping hazards.
- Only authorized personnel should do maintenance work on laboratory equipment.
- Sink traps should be flushed with water on a regular basis to prevent the release of chemical odors in the laboratory.
- All compressed gas cylinders should be securely chained or clamped to wall at location preferably outside the laboratories in safe and secured conditions. It should be assured that the cylinders and their parts thereof are not within the reach of any unauthorized person(s).
- Take empty cylinders to the empty cylinder bay for collection. Avoid contact with energized electrical circuits.
- Please familiarize with the location, use and limitations of the following safety devices.
 - I. *Eye Wash Station*
 - II. *First Aid Kit*
 - III. *Fire Alarm*
 - IV. *Fire Extinguisher*
- Clean up all small spills immediately. If a spill is large and is expected to pose a hazard to others in the laboratory, stop the activity or equipment if possible, and call for help.
- If volatile, flammable, or toxic material spill, shut off flames and spark-producing equipment at once and evacuate and call members of laboratory staff and security staff for help to deal with the spill.
- Explosives if any available inside the laboratory should be kept under highly safe conditions. Safety committee of all disciplines are to be informed by the Project Investigators and faculty in-charges of the labs about the availability of such item(s). In the event of fire or explosion, call for help.

- Maintain a clear path to all safety equipment at all times. When it is necessary to handle equipment that is plugged in, be sure hands are dry and, when possible, wear nonconductive gloves and shoes with insulated soles.
- If it is not unsafe to do so, work with only one hand, keeping the other hand at your side or in your pocket, away from all conductive material. This precaution reduces the likelihood of accidents that result in current passing through the chest cavity.
- If water or a chemical is spilled onto equipment, shut off power at the main switch or circuit breaker and unplug the equipment.
- If an individual encounter a live electrical conductor, do not touch the equipment, cord or person. Disconnect the power source from the circuit breaker or pull out the plug using a leather belt.
- Do not make circuit changes or perform any wiring when power is on.
- Do not wear loose-fitting clothing or jewelry in the lab. Rings and necklaces are usually excellent conductors in contact with your skin.
- In laboratories it is mandatory to wear long pants rather than shorts or skirts. Ties are also dangerous.
- Powered equipment can be hot! Use caution when handling equipment after it has been operating.
- Do your wiring, setup, and a careful circuit checkout before applying power.
- Use wires of appropriate length. Do not allow them to drape over your equipment. Avoid splices, which create live surfaces. When running a pair of wires to adjacent terminals, twist the wires together so they don't dangle. This also neatens your work and will save time.
- Do not touch anything if your hands are wet. The "one-hand" approach is safest.
- If you can't keep your hand in your pocket, do not touch any metal object with free hand.
- Do not pull wires out until you are absolutely sure that the circuit is completely dead. Shocks can occur if an inductive load (motor or transformer) is disconnected while conducting.
- All the electrical equipment must be connected to the proper earth line.
- All high voltage equipment must properly be marked and danger signs displayed.
- Don't depend on switches to de-energize a circuit. Pull the plug out from the socket/outlet.
- If you are working on high voltage circuits, have a co-worker along with you who knows how to break the circuit to get you free and how to give you mouth-to-mouth resuscitation and closed chest heart massage.
- When you are mentally or physically tired, avoid work on energized circuits.
- High voltage connections must have no sharp points.
- Permanent or temporary enclosures around high voltage equipment should be used.
- Use laboratory equipment only for its designated purpose.

- When it is necessary to handle the equipment that is plugged in, be sure hands are dry and, when possible wear non-conductive gloves and shoes with insulated soles.
- Do not use electrical equipment like dryer, continuously for too long as they may get very hot.
- Do not touch Physical Vapor Deposition system's compressor while it's on as it is very hot.
- Use caution when handling equipment after it has been operating.
- Do not set up apparatus in such a way, so that it is necessary to reach through assembly to turn water, gas or electricity on or off. Assemble apparatus so that control valves & switches will remain accessible in case of fire.
- Do not keep oven too close against wall or near other appliances.
- Disconnect the power source before servicing or repairing electrical equipment.
- All high voltage equipment must be properly labelled, and danger signs displayed.
- Before turning on the laser pointer, always be sure that it is pointed away from yourself and others.
- Never direct a laser pointer at another person while presenting any lecture and never look directly into a laser pointer.
- Never look inside any instrument which has Laser, X-Ray or emission of radioactive rays when the instrument is in operation, during general maintenance also due care is required to be taken to place appropriate shielding material before starting the maintenance operation.
- The instruments requiring special training on it's operation should be handled/operated by the authorised and trained person only.
- Watches and other jewelry that might enter the optical plane should not be allowed in the laboratory. All non-optical objects that are close to the optical plane should have a matte finish in order to prevent specular reflections.
- All technical procedures should be performed in a way that minimizes the formation of aerosols and droplets. Whenever there is an increased risk of aerosolization, work should be conducted in a biological safety cabinet.
- The use of hypodermic needles and syringes should be limited. They must not be used as substitutes for pipetting devices or for any purpose other than parenteral injection or aspiration of fluids from laboratory animals.
- All spills, accidents and overt or potential exposures to infectious materials must be reported to the laboratory supervisor. A written record of such accidents and incidents should be maintained.
- A written procedure for the cleanup of all spills must be developed and followed. When appropriate, there should be an arthropod and rodent control program. Biological safety cabinets, to be used whenever:

- Infectious materials: such materials may be centrifuged in the open laboratory if sealed centrifuge safety cups are used and if they are loaded and unloaded in a biological safety cabinet
- There is an increased risk of airborne infection
- Procedures with a high potential for producing aerosols are used; these may include centrifugation, grinding, blending, vigorous shaking or mixing, sonic disruption, opening of containers of infectious materials whose internal pressure may be different from the ambient pressure, intranasal inoculation of animals, and harvesting of infectious tissues from animals and eggs.

Laboratory Hazards

Hazards in the laboratory fall into three general categories:

Equipment: A wide variety of equipment is used for different activities. Most of the equipment is delicate, sensitive and expensive. Before you use any equipment you must learn about its operation and its safety implications. Misuse of equipment can lead to injury, delay in project work and substantial cost in repair bill.

Gases: A variety of compressed gases are used, some of which may be toxic, corrosive, flammable, or explosive. These hazards have been minimized by the use of proper equipment, proper confinement, ventilation, safety valves, etc., and by procedural controls. You must learn about the safe handling of gases before embarking on their use. An accident with any of these could be catastrophic.

Chemicals: Acids, bases, etching solutions and solvents are commonly used in materials chemistry and device fabrication. These are "hands on" hazards which are hard to control by engineering controls only. These chemicals can cause severe burns, tissue damage, organ damage, asphyxiation, and genetic damage if used improperly. You must take chemical safety instructions before using any chemical. In addition, improper use of solvents can result in a major fire. These chemicals even they look ordinary, are definitely not hazard free.

General Safety Awareness

- Familiarize yourself with all aspects of safety before using any equipment.
- Be alert to unsafe conditions of the equipment, procedures and actions, and call attention to them so that corrections can be made as soon as possible.
- Label all storage areas, appropriately, and keep all chemicals in properly labelled containers.
- Date all chemical bottles when received and when opened.
- Note expiry dates on chemicals.

- Note storage conditions and adhere to them.
- Familiarize yourself with the appropriate protective measures when exposed to the following classes of hazardous materials:
 - 1) *Flammable*
 - 2) *Corrosive*
 - 3) *Toxic*
 - 4) *Carcinogen*
 - 5) *Compressed Gases*
 - 6) *Poisonous*
- Segregate chemicals by compatibility groups for storage.
- Halogenated waste solvents should be stored separately from non-halogenated solvents.
- Heavy metals and solid wastes should be stored separately for safe disposal.
- Post warning signs for unusual hazards such as flammable materials, no naked flames or any other special problems.
- Pour more concentrated solutions into less concentrated solutions to avoid violent reactions (i.e. add acid to water, not water to acid).
- Avoid distracting other workers.
- Use equipment only for its designated purpose.
- Position and secure apparatus used for chemical reactions in order to permit manipulation without moving the apparatus until the entire reaction is complete.

Personal Safety

- Always use extracted wet benches for chemical work.
- Always wear safety glasses or goggles in the laboratory.
- Always wear laboratory coat/apron in the laboratory.
- Appropriate gloves should be worn as needed.
- Appropriate shoes should be worn in the laboratory.
- Wear breathing mask as and when appropriate.
- **NO ONE is allowed to work alone in the labs at any given time.**

Personal Hygiene

- Wash hands before leaving the laboratory.
- Never mouth-suck anything with a pipette in the laboratory.
- Materials must not be placed in the mouth. Labels must not be licked.
- No food or drink is allowed in laboratories or areas where chemicals are used or stored.
- No food should be stored in a laboratory refrigerator.
- Never eat or drink from the laboratory glassware.
- Keep exposed skin covered in the laboratory.

Fire Prevention

- Make yourself aware of ignition sources in the laboratory and service areas (open flames, heat and electric equipment).
- Purchase chemicals in quantities that will be used in near future.
- Always store flammable liquids in appropriate cabinets.
- Do not store incompatible reagents together (e.g., acids with organic solvents).
- Do not store ethers or similar chemicals for extended periods of time as explosive peroxides could form.
- Date chemicals when received and opened.
- Make sure that all electrical cords are in good condition and all electrical outlets are earthed. Remain out of the area of a fire or incident if you are not in position to help.
- Familiarize yourself with location and condition of fire extinguishers. Broken seals mean fire extinguisher has been used and need be recharged.
- Do not use fire extinguishers unless you are trained and feel confident to do so.

Housekeeping

- Eliminate safety hazards by maintaining the laboratory work areas in a good state of order.
- Maintain clear passages to the laboratory exit.
- Always keep bench tops, extracted wet benches, floors and aisles clear of unnecessary material.
- Wipe down bench tops and other laboratory surfaces after each use.
- All equipment should be inspected before use.
- If experiments must be left unattended, place a note next to experimental apparatus indicating the chemicals involved and possible hazards and your name and a number where you can be reached in case of an emergency.
- Keep the laboratory floor dry at all times. Attend to spills immediately and notify other lab workers of potential slipping hazards.
- Only authorized personnel should do maintenance work on laboratory equipment.
- Sink traps should be flushed with water on a regular basis to prevent the release of chemical odors in the laboratory.
- All compressed gas cylinders should be securely chained or clamped to a rack.
- Take empty cylinders to the empty cylinder bay for collection.

Emergency Procedures

- Please familiarize with the location, use and limitations of the following safety devices.
 - I. *Eye Wash Station*
 - II. *First Aid Kit*

III. *Fire Alarm*

IV. *Fire Extinguisher*

- Clean up all small spills immediately. If a spill is large and is expected to pose a hazard to others in the laboratory, stop the activity or equipment if possible, and call for help.
- If volatile, flammable, or toxic material spill, shut off flames and spark-producing equipment at once and evacuate; call laboratory and security staff for help to deal with the spill.
- In the event of fire or explosion, call for help.
- Maintain a clear path to all safety equipment at all times.

Personal Protective Equipment

Protection of personal health and safety of students, faculty and staff members at Laboratory is prime concern of the Institute. Familiarize yourself with the safety guidelines and adhere to them.

Eye Protection

Splashing chemicals or flying objects are possible at any time in a laboratory environment. Eye protection (Safety glasses and goggles) should be worn in the laboratory all the time.

Laboratory Coat

The laboratory coat is designed to protect the clothing and skin from chemicals that may be spilled or splashed. Please wear laboratory coat in the laboratories all the time. *It is important that you keep the protective clothing in good condition. Dirty and damaged clothing should be cleaned and repaired or replaced. Dirty protective clothing is a hazard in itself.*

Hand Protection

Always wear protective gloves in the laboratory when required by specific machine/equipment operation guidelines. Please select one on the basis of the material being handled and particular hazards involved. Before use, check to make sure the gloves are in good condition and free from holes, punctures, and tears.

Glove manufacturer /supplier and the **Material Safety Data Sheets (MSDS)** accompanying product in use are good sources of specific glove selection information.

Here are few suggestions for the selection of gloves:

- i. **PVC** protects against mild corrosives and irritants.
- ii. **Latex** provides light protection against irritants and limited protection against infectious agents.
- iii. **Natural Rubber** protects against mild corrosive material and electric shock.
- iv. **Neoprene rubber** good for working with solvents, oils, or mild corrosive material.

- v. **Cotton** absorbs perspiration, keeps objects clean and provide a limited fire retardant properties.
- vi. **Thermal gloves** should be used when handling small hot objects.

*When removing gloves, peel the glove off the hand, starting at the wrist and working toward the fingers, turning inside out. **Avoid contacting the working surface area of gloves during removal.***

Wash hands as soon as possible after removing protective gloves.

Foot Protection

Foot protection is designed to prevent injury from corrosive chemicals, heavy objects, electrical shock, as well as giving traction on wet floors.

Please wear sturdy shoes that cover the foot completely. These will provide the best protection. Avoid shoes that expose feet in any way.

Laboratory Safety Equipment

Fume Hood

All laboratory experiments with chemicals should be done in Fume hood. But *Fume hood should not be used for long-term chemical storage.*

Chemical Storage Cabinets

Storage of flammable and corrosive chemicals in the lab should be limited to small quantities as for as possible. Flammable materials should be stored in flammable material storage cabinets. Storage outside of the cabinet should be limited to materials used in the current process and must be returned after use to the appropriate storage cabinets. Leaving chemicals on benches or working areas is hazardous and is not acceptable.

Plastic cabinets are designed for corrosion resistance and used for storing acid and other corrosive materials.

Acids and other corrosive chemicals in the chemistry laboratory are stored under the fume hoods.

Refrigerators

To prevent potential safety hazards, the length of storage of chemicals should be kept to a minimum and refrigerators should be periodically inspected.

Eyewash Stations

A bowl-mounted eyewash station, which provides continuous water flow through a plumbed unit, is available in the chemistry laboratory and is accessible to all laboratory personnel. Always flush the eyewash line before use.

Eye wash solutions are also available in all laboratories.

Water or eyewash solutions should not be directly aimed onto the eyeball, but rather, aimed at the base of the nose. This increases the chance of effectively rinsing the eyes free of chemicals (harsh streams of water may drive particles further into the eyes).

If wearing contact lenses remove them as soon as possible to rinse eyes of any harmful chemicals.

Fire Safety Equipment

Please familiarize yourself about the location of Fire Alarms. Fire Extinguishers are located near exits in the laboratory.

Only use a fire extinguisher if the fire is controllable and you know how to use the extinguisher safely. If you can't put out the fire, leave immediately and trigger a fire alarm. If fire alarm is activated inform immediately to **Security personnel**.

General Laboratory Equipment Safety

Glassware

Accidents involving glassware are a leading cause of laboratory injuries. These can be avoided by following a few simple procedures. In general, be certain that you have received proper instructions before you use glass equipment designed for specialised tasks that involve unusual risks or potential injury.

Here are few safety rules:

- Handle and store glassware carefully so as not to damage it or yourself.
- When inserting glass tubing into rubber stoppers, corks or when placing rubber tubing on glass hose connections
- Protect hands with a heavy glove or towel.
- Lubricate tubing or stopper with water or soap solution and be sure that the ends of the glass tubing are fire-polished.
- Hold hands close together to limit movement of glass should fracture occur.
- Substitute plastic connections for glass whenever possible to decrease the risk of injury.
- Use glassware for vacuum work that is designed for that purpose. When dealing with broken glass wear hand protection when picking up the pieces. Use a broom to sweep small pieces into a dustpan and store glass pieces in a designated bin for broken glass.

Heating Devices

Electrical devices that supply heat in laboratories include:

- I. *Hotplates*
- II. *Tube & Box Furnaces*
- III. *Heating Mantles*
- IV. *Hot-Air Guns*
- V. *Oil Baths*

Improper use of any one of these could result in fire or burns to the user.

Before using any heating device:

- Check to see if the unit has an automatic safety shutoff in case of overheating.
- Note the condition of electrical cords and have them replaced as required.
- Make sure the apparatus has been maintained as required by the manufacturer.
- Check to see that all heating units in use without automatic shut-off have been turned off before leaving an area for any extended period of time.
- Flammable or combustible solvents should not be used in a heated bath or placed near the bath. Oil baths must always be housed in a chemical fume hood.

Vacuum Systems

- Familiarize yourself with the operations of the vacuum system in use. (If you are not familiar with the functions of *Rotary, Diaphragm, Diffusion or Turbo Pumps*, please make an effort to learn about them. Improper use can lead to accidents, serious damage to pump, substantial cost in repair or replacement of the pump and of course delay in project work.)
- Make sure the service cord and switches are free of observable defects and accessible in case of emergency.
- **Always use a trap on the suction line to prevent liquids from being drawn into the pump.**
- If gases or vapours are being drawn through the pump, a cold trap should be used in the suction line to prevent contamination of the pump oil.
- Place a tray under the pump to catch any oil drips.

First Aid & Emergency Procedures

Please familiarize with the first aid and emergency procedures so that mishaps can be speedily contained. Please maintain a notebook of the entire minor to major incidents in the laboratory.

It is the responsibility of the injured person to report any injury or property damage.

First Aid Measures

In case of contact rinse affected area immediately with plenty of water while removing contaminated clothing etc. (Check MSDS of the chemical before using water!!!) If inhaled move to fresh air, if there is difficulty in breathing give artificial respiration or oxygen.

If swallowed wash out mouth with plenty of water provided the person is conscious.

Remove and wash contaminated clothing promptly.

Seek medical advice as appropriate.

Wounds

Cleanse area with water as appropriate. (Check MSDS of the chemical before using water!!!)

Small cuts and scratches place sterile pad over wound and apply gentle pressure evenly with the opposite hand. If direct gentle pressure does not control bleeding, raise the area above the level of the heart. Apply dressing plaster as appropriate.

Thermal Burns

First degree burns are characterized by redness or discoloration of the skin, mild swelling and pain. These can be treated by rinsing or immersing in water for at least 10 minutes and applying a skin cream as appropriate, and seeking further medical treatment as needed.

Second and third degree burns are characterized by red or scalded skin with blisters (second degree), white or charred skin (third degree). Immediate first aid is to clean the area if possible and keep it dry.

Chemical Burns

If hazardous chemicals should come into contact with skin or eyes, follow the first aid procedures below.

Skin: Remove garments as required and rinse the affected area with large quantities of water for at least 15 minutes (sink, shower, or hose).

Do not apply burn ointments/spray to affected areas.

Eyes: Rinse area of eyes, eyelids, and face thoroughly with lukewarm water for at least 15 minutes at the eye wash station.

Steps Necessary for Safe Working

Wear appropriate Protective Clothing, Safety Goggles, Chemical Resistant Gloves.

Use only in an extracted wet bench.

Avoid contact with Skin, Eyes or clothing.

Do not breathe vapour.

Keep containers tightly closed.

Wash thoroughly after handling chemicals.

In case of any mishap seek medical advice as appropriate.

CHEMICAL SAFETY

All chemicals have some degree of risk attached to their use and it is important before any work is started that a careful investigation is made into the nature and the reaction of the chemicals in use in order to determine whether a hazardous situation could develop. The aim is to protect people against the risks to their health whether immediate or delayed. If the assessment indicates

a risk then the hazard must be prevented or controlled and the necessary controls must be properly used and adequately maintained.

“One must carefully read and follow MSDS for each and every chemical to ensure its safe use.”

No work should be carried out which exposes a person or his/her colleagues to any substance hazardous to health unless a suitable and sufficient assessment has been done of the risks associated with that work.

Risk assessment must be completed by the person carrying out the work and signed by the supervisor who will determine the course of action appropriate to the experiment before work proceeds.

Risk Assessment Requirements

People carrying out assessment should note the hazards associated with chemicals which can be classified under the general headings:

1. *Toxicity*
2. *Flammability*
3. *Explosibility*
4. *Biological effect*
5. *Generally offensive*

The first step to take when working with chemicals is to find out as much as possible about the concerned chemicals and the possible by products from published sources. Manufacturers and suppliers have a legal obligation to inform users about the potential hazards associated with the use of their products. In case of new materials where information is not available the judgement must be exercised in predicting whether a material will be hazardous. This may not be always predictable. All personal precautions such as use of gloves, eye protection, and any antidote required should be made available to be ready for use.

Toxic chemicals: It will be advisable to find out if a safer substitute can be used. Personal cleanliness reduces the possibility of ingestion and wearing of personal protective equipment eliminates absorption of the material through skin. Protective clothing and gloves should always be examined carefully before use, for example pinholes in gloves can cause serious injury by allowing chemicals to enter the gloves and attacking the skin. All chemicals must be handled inside the fume hood. Any antidotes required should be prepared and made readily available for instant use. Information about the toxicity of chemicals is documented in safety data sheets.

Flammable Materials: These materials should be kept to minimum quantity, source of ignition excluded, and correct type of fire extinguisher placed nearby. Materials with a flash point below ambient temperature require very careful consideration. The vapour pressure/temperature curve should be carefully examined to check whether an explosive concentration of the substance in air can develop. All possible sources of ignition should be removed.

Highly Reactive or Explosive Materials: These require very careful handling and reactions involving them should be kept to the smallest possible size. Exothermic reactions should be classified in this category, particular care being taken to ensure that cooling systems do not fail with the result that reaction gets out of control

Generally Offensive Materials: These produce unpleasant working conditions and frequently the chemicals are toxic too. The best way to minimise unpleasant smell is to handle these chemicals in extracted wet bench.

Lachrymators and Smokes: These cause intense eye pain and copious flow of tears. Their effects on the eyes and air passages can be serious but the symptoms and pain may disappear after few minutes in the open air. These materials should always be handled in the extracted wet bench. Extra care should be taken when handling substances which may react violently when mixed. This should also be borne in mind when storing chemicals.

Methods of Absorption

There are three main routes by which individuals can be exposed to chemicals:

1. **Through Skin**
2. **Oral Ingestion**
3. **By inhalation**

Through Skin: Certain parts of the skin are more active than others, namely sweat and sebaceous glands, hair follicles, etc. and areas against which clothing rubs are particularly vulnerable. Localised irritation is most common form of complaint and is enhanced by chemicals which absorb moisture and dehydrate the skin. Corrosive chemicals cause varying degrees of injury from relatively mild attacks to severe burns. Toxic chemicals may be absorbed into the bloodstream after passage through the skin. Eyes are particularly sensitive area of the body and are irritated by the physical pressure of even the smallest object. When the material is corrosive and toxic pain and injury can be serious.

Oral Ingestion: Oral ingestion of chemicals, apart from the deliberate act, is mainly due to accidental occurrence and can be easily avoided.

Inhalation: Inhalation is the most common method of absorbing materials into body. A very large volume of air inhaled by an average person per day means that even the very small amounts of toxic material become important and very large surface area of the lungs increases the chances of the material being absorbed rapidly. Some even may be absorbed into the mucous lining of the air passage and be brought up in the sputum and swallowed, thereby presenting additional method of absorption.

Symptoms of Exposure

- i. May include Irritation,
- ii. Burning Sensation,
- iii. Coughing,
- iv. Wheezing,
- v. Laryngitis,
- vi. Shortness of Breath,
- vii. Headache,
- viii. Nausea and
- ix. Vomiting

Acute Effects

Harmful if Swallowed, Inhaled or Absorbed through Skin.

Exposure may be extremely destructive to Eyes, Skin, Respiratory Tract and Mucous Membrane. Exposure may also cause Nausea, Headache, Vomiting and Convulsions.

Inhalation may be fatal as a result of Spasm, Inflammation and Edema of the Larynx and Bronchi, chemical Pneumonitis and Pulmonary Edema.

Chronic Effects

Prolonged exposure can cause:

Lung irritation, Chest pains, Pulmonary Edema.

Damage to Blood, Kidneys, Liver, Lungs and Mucous Membranes or irreversible Tissue damage.

Effect on Central Nervous System. Risk of irreversible effects. Impaired self rescue, or materially reduce work efficiency.

Specific Chemical Hazards

High Risk Chemicals

Cyanides, Mercury compounds, Lead compounds, Arsenic compounds, Cadmium compounds, Chromium compounds, Ethylenediamine, Hydrofluoric acid, etc.

Acetone and Flammable Solvents

Acetone is widely used throughout the facility. It is a very flammable solvent with a low flash point, (i.e. it can be ignited at a low ambient temperature). Because of this it presents a significant fire hazard. A spill of a gallon bottle of acetone could cause a catastrophic fire or explosion.

It should not be transported except in chemical buckets. Solvents should also be handled with care in the hoods and not used near hot plates. Spilled solvent can be ignited by the hot plates.

The resulting fire could easily be drawn up into the exhaust ducts, again with catastrophic consequences. Spilled solvents can react explosively with chemical oxidizing agent present, e.g., peroxides, nitric acid. Spilled solvents should be contained immediately with chemical spillage absorbent.

Hydrofluoric Acid

Hydrofluoric acid, HF, presents a significant hazard for personal injury. It is widely used in the semiconductor processing. It is only allowed in two designated wet benches, one in staff clean room and other in the chemistry lab. It is available in 40% concentration, diluted, and as the active component of buffered HF, Buffered Oxide Etch. It is used for etching silicon dioxide and for stripping the native oxide prior to further processing.

HF is a very hazardous chemical, much more so than any other acids we use. Its danger comes from its colourless, odourless appearance and its systemic poisoning.

At the concentrations used in the laboratory, a HF "burn" is initially painless. You may not even know that you have gotten a splatter on your hands, arms, face, or in your gloves. The acid however will silently eat away at your flesh. The fluoride ion is not consumed in this process and is soluble in tissue, so the damage penetrates deeper and deeper, until it comes to the bone. About this time the excruciating pain begins. It is too late, however, to reverse the considerable tissue damage. At some point, it enters your bloodstream and goes everywhere scavenging Ca ions, totally messing up the ionic chemistry of your nervous system. At some point, if left untreated, you might die.

HF burn (courtesy of UC Berkeley)

Simple washing of HF splash is not sufficient to prevent damage. It does not wash off; it is already dissolving you and will continue to do so until you receive medical attention specific to HF burns (including deep injections to neutralize the penetrated acid). Be sure that medical personnel know that it is HF burn and know that it requires specific treatment different from a common acid burn. HF etches silicon dioxide as well as glass. It must not be kept in a glass bottle, used in a glass beaker or disposed in a glass waste bottle. Plastic laboratory ware is available for this purpose.

HF must only be used in the designated extracted wet benches (chemistry laboratory and staff clean room). It is not acceptable to use HF or HF containing solutions in any other areas.

Piranha Mixture

Liquid piranha is a common name applied to a mixture of Hydrogen Peroxide and Sulfuric Acid (typically 1:5). It is extremely aggressive toward carbonaceous materials (e.g. flesh and photoresist residue, equally). It also removes heavy metal contamination. It is also used for cleaning Si wafers. We have difficulty disposing of this mixture because the waste continues to react and decompose for a long period of time. This builds up pressure in the waste bottles causing them to burst. Also, if the solution is mixed very peroxide rich, one can make unstable

compounds. Therefore, if you wish to use this mixture please make sure you mix only a minimum of the quantities you can live with.

Chlorinated Solvents

Chlorinated solvents (chlorobenzene, trichloroethylene, and methylene chloride) are used in various resist processes. They are particularly bad for you, causing cancer, organ damage, etc. They should not be mixed with normal solvents in waste bottles. There are separate waste bottles for chlorinated solvents. As with most solvents, they can be readily absorbed through the skin.

Glycol Ethers

Commercial photoresists and electron beam resists are dispersed in a variety of solvents. The composition of these mixtures is generally not disclosed on the bottle; you must look on the MSDS for it. One family of chemicals, the glycol ethers, commonly used in photoresists, masquerades under a variety of names. Most photoresists contain one or more of these as solvents.

Ethylene glycol monomethyl ether

2-methoxyethanol

Ethyl Cellosolve 2-

ethoxyethanol (2EE)

Ethylene glycol mono ethyl ether Ethylene

glycol mono ethyl ether acetate 2-Ethoxy

ethyl acetate

Members of this family of chemicals have been shown to be teratogens and have other effects on reproduction in laboratory animals. A number of recent studies funded by IBM and others have found evidence that these chemicals can lead to miscarriage and other reproductive effects. To quote from the MSDS for AZ 2131 Thinner (2 Ethoxyethyl Acetate and N-Butyl Acetate).

"In studies with laboratory animals, 2-ethoxyethyl acetate caused birth defects, increased foetal death, delayed foetal development, caused blood effects, testicular damage and male infertility."

The liquid and vapour are eye and respiratory tract irritants and may cause kidney damage, narcosis, and paralysis (in simple terms, it damages your kidneys, eyes, lungs and brains).

Primary routes of exposure are inhalation, skin absorption, and skin and eye contact with vapours. N-butyl Acetate, the other component of this thinner, has a similar list of possible systemic effects. As with all chemicals, these are only the effects we know about. These experimental laboratory exposures were large amounts but nonetheless it is prudent to be careful with these solvents.

If you can smell resist in the resist room, somebody is doing something wrong!! Find out what it is and stop it. Users may have resist on their lab coats or have placed resist-contaminated trash in the waste basket. This should be avoided. The conclusion is that you should be careful with the use of even these seemingly innocent chemicals, wear the proper protective equipment, and work in a well ventilated area at all times.

Peroxides

All peroxides are highly oxidising materials. Considerable energy can be released in their reactions with common materials. Some peroxide compounds are unstable, and can explode.

We have hydrogen peroxide in the facility. Extreme care should be used in mixing solutions containing peroxides. Peroxides are incompatible with all forms of organic solvents and flammable materials.

Handling of Compressed Air and Gases

Compressed air and gases must be treated with seriousness. These simple principles will help to minimise any danger of any incident.

Cylinders are normally of solid drawn steel and must be treated with care. They should not be subjected to shocks, falls, or undue heating.

Cylinders should always be stored upright. Grease and oil must not be allowed to come in contact with the cylinders. All cylinders must be treated as if full.

Cylinder valves should be opened slowly. Improvised tools must not be used for this purpose.

Always use two stage regulators on the gas cylinders i.e. with two gauges on the regulator, one showing cylinder pressure and the other outlet regulated pressure. Regulators should be used for gases for which they are intended and marked. Keep regulators in good shape and maintained order.

When connecting a regulator to a cylinder it is important that regulator connecting threads are aligned accurately. If threads are misaligned and forced to thread in it is possible to damage the regulator or cylinder head or both seriously.

Leaks sometimes occur between the regulator and cylinder. If a valve seat is leaking which is rare, a temporary measure is to attach a regulator to it and seek help from the concerned safety people. If a flammable gas is involved the cylinder should be immediately moved to a safe place (open area), taking care to avoid possible sources of ignition.

Leaking cylinder must not be left on its own. If the leak is between cylinder valve and the regulator, which is most common, close the cylinder valve and attend to the connection between regulator and the cylinder valve. Ask for assistance as appropriate.

Connecting hoses should be of sound construction and of approved standard for the working pressure.

Handling of Liquefied Gases

Handling of liquefied gases must be considered more hazardous than handling of liquid and solid materials. It is important that the hazardous properties of liquefied gases such as flammability, toxicity chemical activity and corrosive effects be well known. Every effort should be made to learn these various properties before the gas is put to use. Liquefied gases has unique properties

like pressure, high diffusion, low flash points (for flammable gases), low boiling points and in certain cases no visual and/or odour detection. Hazard may arise as a result of equipment failure, leakage from systems and improper use of pressure controls.

- Diffusion of leaking gases may cause rapid contamination of atmosphere, giving rise to toxicity, anesthetic effects, asphyxiation and rapid formation of explosive concentrations of flammable gases.
- The flash point of a flammable gas under pressure is always lower than the ambient therefore leaking gas can rapidly form an explosive mixture with air.
- Low boiling point materials can cause frostbite on contact with living tissue. This is common among the cryogenic liquids, such as liquid nitrogen, liquid oxygen and liquid air etc.
- Other effects of some liquefied gases are similar to hazards found with other chemicals e.g. corrosion, irritancy, and high reactivity.

Steps Necessary for Safe Working with Liquefied Gases

The procedures adopted for the safe handling of liquefied gases are mainly centred on containment of material to prevent its escape to the atmosphere and proper control of pressure and flow. For the controlled removal of the liquefied gas a manual valve is used. It must be remembered that withdrawal of liquid must necessarily be done at the vapour pressure of the material. Any reduction of pressure will result in flashing of all or part of the liquid to gas phase, therefore leaking gas can rapidly form an explosive mixture with air. Rapid removal of a gas from liquefied gas may cause the liquid to cool to rapidly causing the pressure and flow to drop the required level. In such cases cylinders (lecture bottles) may be placed in water bath to prevent drop in temperature of the cylinder. Hazards of toxic, flammable and corrosive gases can be minimised by working in well ventilated areas. Where possible, work should be carried out in a extracted wet bench. Leaks should not be allowed to go unchecked.

Precautions Necessary in the Use of Liquefied Gases

Cylinders that develop leaks should be treated as follows:

- Cylinder valve packing leaks can usually be corrected by tightening the valve packing nut. Clockwise for acidic gases and anti-clockwise for base gases viewed from above. If valve leak persist inform the supplier immediately. Remove the cylinder to a hood or location where the leakage cannot cause damage until the contents can be safely dealt with.
- On rare occasions emergency action may be necessary in order to move a leaking cylinder to a location where it can vent safely.

Cylinder Information

In the case of specialty gases valves to open and close cylinder are occasionally not equipped with hand wheel and require special cylinder key or wrenches to effect operation.

A valve pack nut contains packing gland, packing around stem and it should not be tampered with. It may be tightened if a leak is observed. A valve outlet is for connection to pressure or flow regulating equipment. Only use supplier or manufacturer's recommended gas regulating equipment.

Handling of Radioisotopes

1. Only trained students should be allowed to work with radioisotopes.
2. Proper personal protective equipment should be worn at all times when working with radioisotopes.
3. A caution sign should be placed outside the lab so that anyone entering the laboratory is aware about the danger.
4. Be familiar with the properties of the radioisotope you plan to use and with any precautions and concerns specific to that radioisotope and material. For instance, there are special precautions for working with ^{35}S -methionine because of its volatility.
5. Store radioactive sources in a safe and secured place with appropriate shielding.
6. Dispose solid and liquid radioisotopes in separate container. Mark each container.
7. Cover radioactive waste cans at all times and store waste cans away from areas in which people spend substantial amounts of time.
8. Notify supervisor immediately whenever any case of skin or body contamination occurs. An incident report form must be filled out.

Heavy Lifting

1. **DO NOT PERFORM** heavy Lifting unless you have a training.
2. Safety Equipment – Individuals should always wear appropriate personal protective equipment. Wear gloves and long sleeve shirts for forearm protection when lifting items that have sharp or rough edges. Protect your vision with safety goggles. When lifting items that are very heavy, you should wear steel-toed safety shoes or boots to protect your feet and toes.
3. Lift Properly – Use proper lifting techniques: bend at your hips and knees to squat down to your load, keep it close to your body, and straighten your legs to lift. Consider wearing a lumbar support belt for spine support and encourage leg lifting.
4. Add Handles – When moving materials manually, individuals should attach handles or holders to loads.
5. Get Help – When an oversized load is too bulky to properly grasp or lift, get a person to assist you to reduce risk to yourself and avoid damaging the material. If you cannot see

around or over the load, seek help from another persons to help you move the material safely.

6. Blocking Materials – Use blocking materials that are large and strong enough to support the load safely. Blocking material should be in good condition, and not have cracks, splintered or dry rotted. When placing blocking material under a load, be cautious that load is not released before removing hands from under the load.
7. Consider using machines like forklift etc. if the load is too heavy.

Water Hose Connections

Water hose connections to the taps and the equipment and the condensers in reflux or distillation setup must be secured with hose clips which can withstand fluctuation of water pressure.

Waste handling

Waste is anything that is to be discarded.

Bio--waste container

In laboratories, decontamination of wastes and their ultimate disposal are closely interrelated. In terms of daily use, few if any contaminated materials will require actual removal from the laboratory or destruction. Most glassware, instruments and laboratory clothing will be reused or recycled. The overriding principle is that all infectious materials should be decontaminated, autoclaved or incinerated within the laboratory.

The principal questions to be asked before discharge of any objects or materials from laboratories that deal with potentially infectious microorganisms or animal tissues are as follows.

1. Have the objects or materials been effectively decontaminated or disinfected by an approved procedure?
2. If not, have they been packaged in an approved manner for immediate on-site incineration or transfer to another facility with incineration capacity?
3. Does the disposal of the decontaminated objects or materials involve any additional potential hazards, biological or otherwise, to those who carry out the immediate disposal procedures or who might come into contact with discarded items outside the facility?

Decontamination

Steam autoclaving is the preferred method for all decontamination processes. Materials for decontamination and disposal should be placed in containers, e.g. autoclavable plastic bags that are colour-coded according to whether the contents are to be autoclaved and/or incinerated. Alternative methods may be envisaged only if they remove and/or kill microorganisms.

Autoclave

Disinfectants and chemicals

Make sure each disinfectant has been validated for its indicated use in the laboratory. Sodium hypochlorite and phenolic compounds are the disinfectants recommended for general laboratory use.

For special purposes, various surface -active or lipid-destroying agents, including alcohols, iodine, iodophors and other oxidizing agents, as well as a very high or extremely low pH, can be effective, provided that it has been established that the agent to be destroyed is not resistant to the procedure.

Other methods

The use of dry heat is discouraged because of its unpredictable variation. Similarly, microwave, ultraviolet and ionizing radiation are unsuitable.

New technologies, including alkaline hydrolysis, may be used as a substitute for incineration for terminal infectious waste treatment.

Waste handling and disposal procedures

Identification and separation system for infectious materials and their containers should be adopted. Categories should include the following.

1. Non-contaminated (non-infectious) waste that can be reused or recycled or disposed of as general, “household” waste.
2. Contaminated (infectious) “sharps” – hypodermic needles, scalpels, knives and broken glass; these should always be collected in puncture-proof containers fitted with covers and treated as infectious.
3. Contaminated material for decontamination by autoclaving and thereafter washing and reuse or recycling.
4. Contaminated material for autoclaving and disposal.
5. Contaminated material for direct incineration.

Protocols for Handling Emergency

In case of any emergency/accident following protocol would be followed:

1. Necessary help would be promptly extended by the security staff nearby the place of any occurrence.
2. Emergency is required to be handled by the laboratory staff with the help of Safety committee of concerned discipline and security staff of Institute if necessary.
3. Ambulance services would be pressed into service.
4. Services of Fire Brigade from State Fire Police would be requested in case the magnitude of fire indicates that the quantum of fire is such that it may not be brought to control by the first aid fire fighting equipment available with the Institute.
5. After the emergency is over, an incident report is required to be prepared by the safety committee of respective discipline. Copy of such report is required to be submitted to the

Institute Safety and Security Committee for further information to higher formation for records and future references.

On Violations of safety rules

Institute Safety and Security Committee as well as the Discipline Safety committees have right to inspect and monitor adherence of safety rules by all the personnel's in the laboratory.

In case of any violations; disciplinary action against any person involved in the violation would be initiated on the recommendations of Safety Committee of Discipline.

Either or all of the following penalties would be taken against the persons so found guilty of the violation:

- a) Financial penalty may be imposed as per the recommendations of Institute Committee formed for investigation in such case.
- b) The person found violating safety rules shall be ordered to make good any loss incurred to the institute/other individual's property.
- b) Restricted to enter a particular laboratory for a specific period.
- c) For successive violation the individual may be prohibited from entering any specific laboratory/all laboratories for a certain period of time.



INDIAN INSTITUTE OF TECHNOLOGY INDORE

Laboratory Safety Declaration

I declare that I have read the safety guidelines of Discipline of _____, Indian Institute of Technology (IIT) Indore. I am familiarised with the laboratory and equipment and all the safety issues and have acquired all the know-how and the necessary training for safe working in the laboratory. I have also read and understood the specific safety guidelines of this laboratory. I shall adhere to all safety guideline and safe working practices during my laboratory work as explained to me.

(Before you sign the declaration please make sure you have understood all aspects of laboratory and chemical safety and you are confident enough to use equipment and chemicals)

Name of the Laboratory:

Location of the Laboratory:

Laboratory User

SN.	Name	Designation	Sign	Date